Check List

The checklist is your quick guide through Humanotions' publication process.

Prior the first collaboration only:

Send a photo with your face clearly visible for use in the columnist's profile. Submit your photo in JPEG format. Don't send a PDF of your photo or in any other formats.

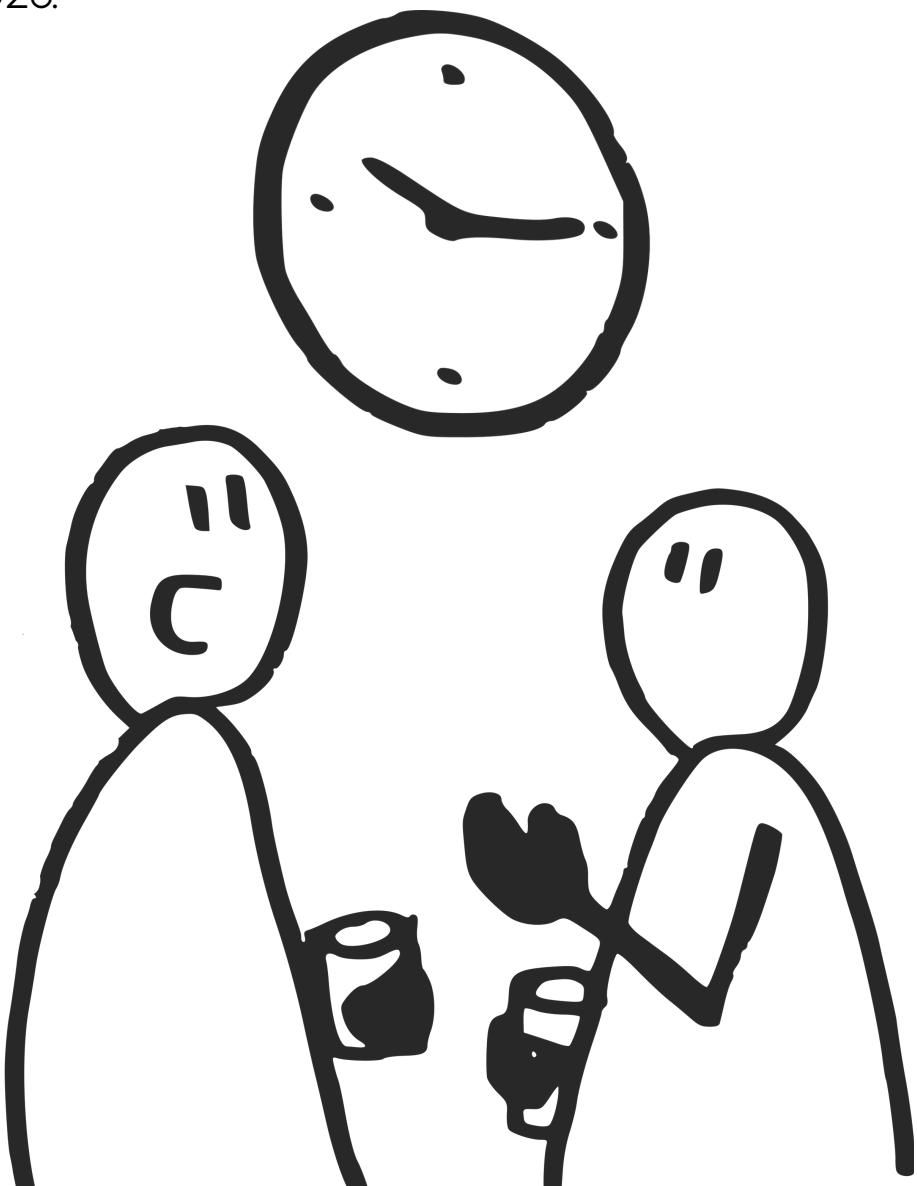
Send your **current or past education/career information**. Example: ''A Position in B Firm, M.A. in C University., B.A. in D University.''

Share **your current location or your nationality/hometown**—your choice. It helps us reflect the multicultural spirit of our community.

Deadlines

Draft submissions are due on the **6th**, and final submissions are due on the **16th**.

This cycle consistently repeats every month throughout the year 2026.



Regular Cycle

Pitch your topic (max. 250 words). Name the PDF: ''pitch_surname_month''.

Once you get the editorial approval, **send the draft** before the first deadline. Word (.docX) and Pages (.pages) formats only .

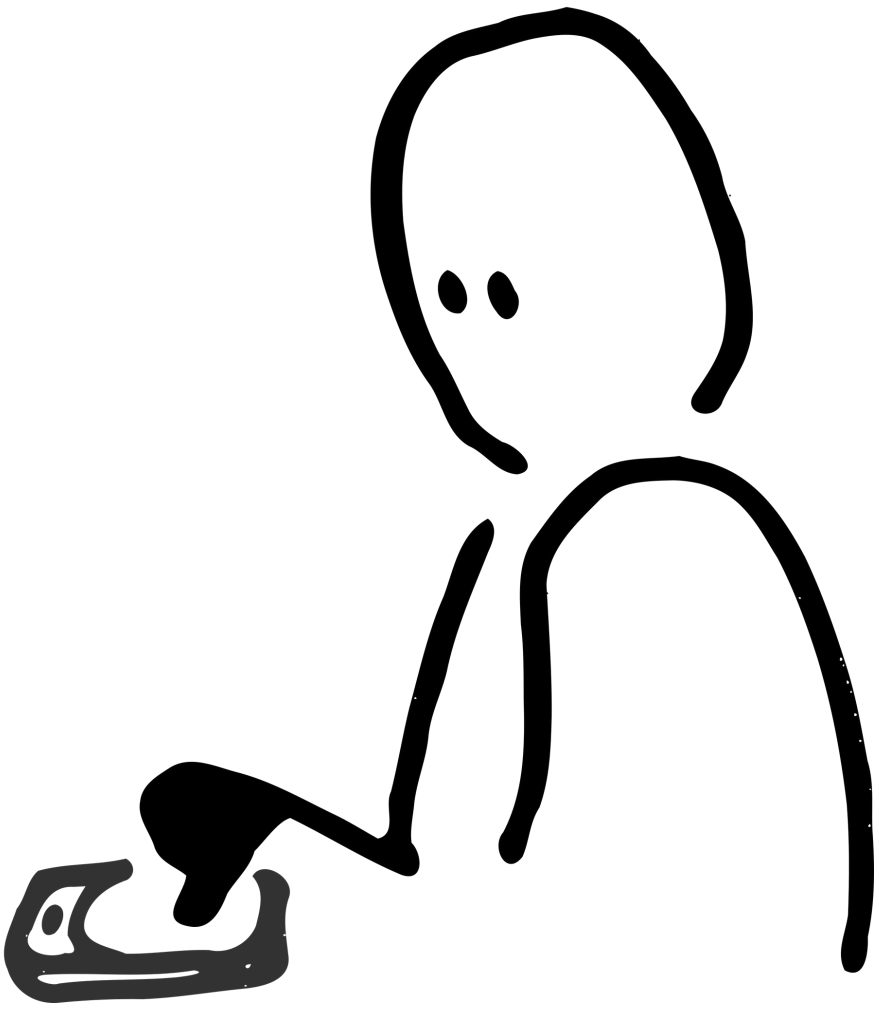
After receiving the editorial feedback, **help us track your participation** by sending us a confirmation mail within 5 business days that you have received the feedback.

Submit the final version before the final deadline (max. 2000 words).

After Publication

Once your piece is live, **take a moment to review it thoroughly.** Check the entire content, including videos (if any) and references, is complete and appropriate.

Let us know right away if anything seems missing so we can ensure your work is presented perfectly.



Further Details?

This guide is just a quick way to make the process easier for our notionists.

If you have any questions, check the website first.
If you're still unsure, just drop us an email.